

| Kunstgræsbanen | | Gælder fra | 9/3 2020 |
|----------------|------------------|-----------------|--------------------|
| Mandag | 3 M baner | 8 M midt | 8M Lundevej |
| 17:00-17:30 | U11 DR | U14 DR | U13 DR |
| 17:30-18:00 | U11 DR | U14 DR | U13 DR |
| 18:00-18:30 | U11 DR | U14 DR | U13 DR |
| 18:30-19:00 | U16 Pi + Dame | U16 Pi + Dame | U 19 DR |
| 19:00-19:30 | U16 Pi + Dame | U16 Pi + Dame | U 19 DR |
| 19:30-20:00 | U16 Pi + Dame | U16 Pi + Dame | U 19 DR |
| | | | |
| Tirsdag | 3 M baner | 8M midt | 8M Lundevej |
| 16:30-17:00 | | | U10 - 12 DR |
| 17:00-17:30 | U13-14 Piger | U13-14 Piger | U10 - 12 DR |
| 17:30-18:00 | U13-14 Piger | U13-14 Piger | U10 - 12 DR |
| 18:00-18:30 | U13-14 Piger | U13-14 Piger | U10 - 12 DR |
| 18:30-19:00 | U13-14 Piger | U13-14 Piger | |
| 19:00-19:30 | | Herre Senior | |
| 19:30-20:00 | | Herre Senior | |
| 20:00 til | | Herre Senior | |
| | | | |
| Onsdag | 3 M baner | 8 M midt | 8M Lundevej |
| 16:30-17:00 | U9-10 Piger | | |
| 17:00-17:30 | U9-10 Piger | U15 DR | U15 Piger |
| 17:30-18:00 | | U15 DR | U15 Piger |
| 18:00-18:30 | | U15 DR | U15 Piger |
| 18:30-19:00 | U16 Pi + Dame | U16 Pi + Dame | U 19 DR |
| 19:00-19:30 | U16 Pi + Dame | U16 Pi + Dame | U 19 DR |
| 19:30-20:00 | U16 Pi + Dame | U16 Pi + Dame | U 19 DR |
| | | | |
| Torsdag | 3 M baner | 8 M midt | 8M Lundevej |
| 16:30-17:00 | U 11-12 DR | U11 - 12 DR | U11 - 12 DR |
| 17:00-17:30 | U13-14 Piger | U13-14 Piger | U11 - 12 DR |
| 17:30-18:00 | U13-14 Piger | U13-14 Piger | U11 - 12 DR |
| 18:00-18:30 | U13-14 Piger | U13-14 Piger | U14 DR |
| 18:30-19:00 | U13-14 Piger | U13-14 Piger | U14 DR |
| 19:00-19:30 | | Herre senior | U14 DR |
| 19:30-20:00 | | Herre senior | U14 DR |
| 20:00 til | | Herre senior | |
| | | | |
| Fredag | 3 M baner | 8 M midt | 8M Lundevej |
| 16:30-17:00 | | | |
| 17:00-17:30 | U11-12 Pi | U11-12 Pi | |
| 17:30-18:00 | U11-12 Pi | U11-12 Pi | |
| 18:00-18:30 | U11-12 Pi | U11-12 Pi | |
| | | | |
| Lørdag | 3 M baner | 8 M midt | 8M Lundevej |
| 10:30-12:00 | | U13 PI | U13 PI |
| | | | |
| Søndag | 3 M baner | 8 M midt | 8M Lundevej |
| 11:00-13:00 | | U15 PI | U15 PI |